



NJ Family Child Care Providers' Association
88 Vincent Drive
Burlington Twp, NJ. 080 6

New Jersey Family Child Care Providers' Association

BOARD MEMBERS

President- Tan Coelho
Past President - Tina Foley
Vice-President - Roselle Coye
Treasurer - Gloria Johnson
Membership Secretary - Gat West-Foy 908-624-9909
Recording Secretary - Julie Payne
Newsletter Editor - Lisa Brunell
Servicios para Miembros -Open
Northern Regional Representative - Michelle Melgarejo
973-729-0972

Open
Atlantic County * Cape May
Cumberland County *Gloucester County *
Ocean County * Salem County
For information on all open positions, please contact Tan Coelho at 609-936-8991

COUNTY REPRESENTATIVES

Bergen County - Acting Rep. Laura Rothschild
Burlington County - Acting Rep. Pat Waites
Camden County— Acting Rep. Kimberly White
Central Regional Rep - Roselle Coye—732-986-0381
Essex County - Acting Rep. Nadirrah Bashir
Hudson County - Open
Hunterdon County - Acting Rep. Tia Holt
Mercer County - Open
Middlesex County - Acting Rep.—Gail Kessler
Monmouth County - Michele Gregorio
Morris County - Danielle Syracuse *Lisa Man
Somerset County - Julie Payne * Michelle Misiura
Southern Regional Representative - Open
Sussex County - Michelle Melgarejo
Union County - Acting Rep- Dianne Simpson



Professionals at the Heart of Child Care

The Provider

A MESSAGE FROM THE PRESIDENT



Tan Coelho
President, NJFCCPA
Co-Chair,
FCC Conference

Hello Everybody

As I near the end of my last term! - as your President, I've been thinking about my 21 years doing family child care, which I continue to do, as well as my journey to the presidency. I realize that I could not have done it without the support that I receive, and in return, give to other providers, that validate the job that I do.

For the first 10 years as a provider, I was quite content with just taking care of my fcc business, and when the day was done, getting dinner going and family and that was it. But one day, I got a call from another provider that I had met at a training. She wanted to know if I was going to the NJFCCPA meeting. I wasn't planning to go. But I said yes. To be honest, I wasn't that interested in the meeting. Mostly, I was looking forward to talking to someone else who had shared the same experiences as me – it had been a difficult week and I wanted her advice.

At the meeting, I was very quiet in a group setting (well, that's changed now!) but I enjoyed the training and most of all I enjoyed meeting all the other providers there. Ours can be a very isolating business. We all should be able to pick up the phone, and have a fellow provider to call and say for example, 'I have a parent who always comes late and seems to have a valid excuse each time,' or 'I have a child who won't eat,' or 'do I really need that Liability Insurance (YES!)' or 'I am just having a rough day.' No one needs to face their problems alone – that's what an Association is here for.

And that's why I continued to go to the meetings, that's why I volunteered to be the Treasurer for Middlesex County Chapter, then Co-Rep...and eventually, I was nominated to be Vice President and within the year I was elected President of NJFCCPA. It's been a transforming experience, I can't even begin to tell you how much I've learned and shared.

But I never thought that this was where my volunteering would lead me. Honestly, I did not realize my potential at that time but those around me saw in me what I did not. And that's another remarkable thing about the Association, having people nurture you.

It is a proven fact that providers that network with each other have a lesser burn out rate, stay in business longer and offer better quality care to the children in their care. Living and having a business at home can sometimes make your world very small. The advantage of an Association is that it can make your world bigger. Great lessons can be learned when we meet each other.

I encourage all to try and attend the Board Meeting on September 13th (see flyer) and meet the Board Members of NJFCCPA. The larger our number the stronger our voice!

Thank you,
Tan Coelho



- ☺ Special points of interest:
- ☺ Presidents message
- ☺ Julie's cool bottle craft!
- ☺ Kids in the Kitchen recipe
- ☺ County Rep. calendar for important dates- for future newsletters
- ☺ Interactive Forum invitation

Inside this issue:

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Julies Junque by: Julie Payne

Soda Bottle Spinners

Looking for an in-expensive way to recycle those soda bottles? An adult will need to cut the slits in the soda bottle as you see in the photo. You can spray paint these and have the kids use markers and stickers to decorate, or let the kids paint with craft paint that will hold up to outdoor weather. Screw the hook into the cap, attach the twine or fishing line, hang from your favorite spot in the yard, and there you have it!



Please be careful when using spray paint... we did ours outdoors because of the fumes and mess! Have fun and be creative!! The children will love to look out on a windy day and see what they created spinning in the breeze!

Here is what you need:
2 liter bottle
Scissors
Paint / stickers
Screw hook
Twine or fishing line

KIDS IN THE KITCHEN

FUNNY, FRUITY PIZZAS



low-fat mozzarella cheese slices (1 slice per child)
English muffins, sliced in half (1 half per child)
fruit (an apple, banana, orange, or seedless grapes)

Have the children wash the fruit. Children can peel bananas and oranges or pluck grapes from their stems. An adult should cut the fruit into small pieces.

Split the English muffins. Give each child one half. Have the children place a slice of cheese on each muffin. Toast the English muffins until the cheese melts. Have each child top his or her muffin with fruit.

Recipe from: The National Network for Child Care—NNC.ORG

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Our next Board Meeting is on September 13th from 9am to 2pm – Saturday. **SAVE THE DATE!!!** This is a must for all Acting Board Members and Board members. By January 2009, you will know whether this position is for you and the Exec Board too can assess all applicants and confirm all Board Positions, so that we can order ribbons and honor the Board Members at the next Conference which is on April 4th 2009.

*The Sussex County Chapter of the NJFCCPA recently held a clothes drive fundraiser.

*Sussex County Representative, Michelle Melgarejo and other area providers, attended the Sussex County Fair on August 5, 2008 for "Children's Day". Michelle, Lisa Brunell, Sue Middlestat, and Vera Reed were on hand promoting the NJFCCPA. Children had great fun making a tambourine craft in conjunction with this year's theme "Sing, Rattle, and Roll".

If you would like your county happenings announced in the next newsletter, please send information to lbrun1972@aol.com. Please mark the subject line.... NJFCCPA newsletter. Thank you!!



NEW JERSEY FAMILY CHILD CARE PROVIDERS'
ASSOCIATION
www.njfccpa.org

INVITES YOU TO

AN INTERACTIVE FORUM

- **LEARN ABOUT THE ASSOCIATION AND WHAT IT CAN DO FOR YOU**
Come and see how the association can make a difference in your life.
- **MEET OTHER CHILD CARE PROVIDERS**
All members of the NJFCCPA Board will be present.
- **SHARE IDEAS, ASK QUESTIONS, GET ANSWERS**
Bring ONE IDEA that works well for you in your business (on children's behavior, eating habits, potty training etc) and ONE QUESTION to which you need an answer - and return with several ideas.
- **OPEN TO ALL - MEMBERS AND NON-MEMBERS**
If you're not a member, this is a chance to meet and greet with the NJFCCPA family. If you are a member, we'd love to see you there.

WE NEED TO HEAR FROM YOU SO WE CAN WORK FOR YOU

WHEN: Saturday, SEPTEMBER 13, 2008. 9 am - 2 pm

WHERE: HUMAN SERVICES FACILITY
LECTURE HALL A
795 WOODLANE ROAD
WESTHAMPTON, NJ 08060

* Refreshments will be served.

Please RSVP to Tan Coelho at 609-936-8991 or email tan5tlc@yahoo.com
Please also let us know if you can't attend this forum but would like to stay involved and be notified of future meetings.

**NJFCCPA IS THE ONLY STATE PROFESSIONAL ASSOCIATION FOR FAMILY
CHILDCARE PROVIDERS IN NEW JERSEY**

Members have the opportunity to network, share ideas, participate in professional development opportunities, stay informed about legislation that affects our business, and be a part of a strong supportive association.

Please visit our website: www.njfccpa.org

THE LARGER OUR NUMBER, THE STRONGER OUR VOICE!